



MMI

Trading with care

MMI Companionship with Care

Companion Volunteer Role Description

As a companion you will make regular visits to an individual who is in need of companionship and support with socialisation in their own home. This will be on a regular basis at a time, date and frequency that is convenient to the client. Your visit may consist of a cup of tea and a chat in the home, or if the client is willing and able, taking them out and about into the community.

Typical activities include:

- Sitting and chatting.
- Making a cup of tea or coffee
- Accompanying the person on activities outside of the home, such as going for a walk, dog walking or shopping.
- Shopping on behalf of the individual.

Volunteers are also required to:

- Follow the guidance in the companion volunteer training to ensure that the visits are enjoyable, appropriate and in line with our aims.
- Keep in regular contact with the Companion Co-ordinator and let them know how everything is going.

About the role...

This is a flexible, voluntary role that can easily be fitted in around your own lifestyle and availability.

MMI Companions visit the individual they are matched with in their home, as well as taking them out into the community.

Please note that you must be at least 18 years old to volunteer as a companion.

Companions **will not** be required to carry out any personal care or provide support with medication.

An enhanced DBS (criminal records) check will be required for all volunteers due to the nature of the role.

If your volunteering activities include driving for the client or having the client as a passenger in your vehicle, then you will be required to have 'business use' on your car insurance.

Benefits of becoming a Volunteer Companion...

As one of our valued companions, you'll receive training and support from MMI, and regular communications from your companion coordinator.

This is a fun and rewarding role which will enable you to connect with an individual who requires social support and companionship, making a real and lasting difference to their life.

This is initially being run as a pilot project as a volunteer programme with a view to establishing it as a paid for service. Therefore, there is a possibility of progressing to paid employment if the project is successful.

Do you have the skills needed to become an MMI Companion?

We are looking for volunteers who possess the following skills and attributes:

- Good conversation skills.
- An enthusiasm for building relationships and connecting with others.
- A friendly, empathetic approach.
- The ability to actively listen to people.
- The ability to be patient with others.
- A passion for improving the lives of others.
- The ability to work with others and be part of a team of companions.

If you feel you have the skills we are looking for, we would love to hear from you, please fill out the volunteer application and send it to us at info@mmitwc.co.uk.

A little bit about us...

MMI Trading with Care is a social enterprise organisation established to support the growing success of the registered Charity Me, Myself & I Neath Port Talbot. The company was registered in October 2018 to deliver the Suitable Persons Service for Direct Payments

recipients. Over the last 3 years, MMI TwC has developed to meet the growing demands of the Social Care Sector. We have since established the Care Academy, which provides training, volunteer and employment programmes for people working in Social Care or would like to start a career in Care. MMI Companions is the most recent stream of work and was created as a response to the Coronavirus pandemic when the lockdown forced a reduction of the Me Myself & I services 'Day Break' and 'Community Friendship Club'. Guests who enjoyed coming to Me Myself & I to socialise with others and have stimulation through activities suddenly found themselves at home with nowhere to go and no socialisation opportunities. Since the Charity has slowly started to increase its activities, for many different reasons, some guests have not been able to return. The MMI Companions project is aimed at taking our services to the client in their home so that they can have the opportunity experience the social interaction and stimulation they have missed. We are passionate about helping people to stay connected with others and improve their well-being by having socialisation support as well as some help at home to enable them to continue doing the things they enjoy.